

LET'S STAY IN SCHOOL

(And keep COVID-19 out!)



Knowing how to handle COVID-19-related questions and situations in advance, and providing consistent, accurate information to families will help our schools stay safe. Here's what you need to know.

1 COVID-19 in-school practices

- Social distancing
- Hand sanitation stations
- Frequent hand washing intervals
- Daily sanitation in high touch areas
- Promoting vaccination uptake among students and staff
- Improving ventilation in classrooms and common areas
- Optional mask wearing
- Social and emotional support
- School closure plan including distanced learning in case of a local outbreak

2 COVID-19 testing

Advise families to keep at-home tests on hand. At-home, point of care (POC) and PCR tests are widely available.

Here are some resources to find tests:

- Health and fire districts, health care clinics, pharmacies, civic centers, libraries
- Free tests delivered to your home: usps.com/covidtests
- Free point-of-care and at-home tests delivered to your school: [School COVID Testing Resources \(nv.gov\)](https://nvhealthresponse.nv.gov/school-covid-testing-resources)
- Community at-home and PCR testing sites: nvhealthresponse.nv.gov/find-covid-19-testing-in-nevada

3 When to stay home

If a student, teacher or staff presents with symptoms, or [tests positive for COVID-19 \(nvhealthresponse.nv.gov/covid-19-positive\)](https://nvhealthresponse.nv.gov/covid-19-positive), they need to stay home and self-isolate for a minimum 5 days and may return once they have been fever-free for 24 hours. A well-fitting mask should be worn days 6-10 when possible. For help identifying quarantine/isolation periods, please utilize [CDC's Quarantine and Isolation Calculator \(cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation\)](https://cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation).

Symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

*Source: [CDC.gov](https://cdc.gov)

4 COVID-19 vaccines

COVID-19 vaccines reduce hospitalizations, severe illness, and interrupted learning due to COVID-19. COVID-19 vaccination is recommended, but not required in Nevada schools. There are many convenient [vaccination events \(nvcovidfighter.org/event-list\)](https://nvcovidfighter.org/event-list) throughout the state.

Here's what you need to know:

- Primary series vaccines: recommended for children 6 months and older
- Boosters: recommended for children 5 years and older
- Kids 12 and older can get vaccinated at most pharmacies
- [Online Vaccine locator \(nvcovidfighter.org/covid-19-vaccine-locator\)](https://nvcovidfighter.org/covid-19-vaccine-locator)

5 COVID-19 treatment and resources

For people who have additional questions about COVID-19, encourage them to talk to their health care provider immediately. Sensitive groups may need immediate therapeutic care. For further information, they can call (800) 401-0946 between 7:00 AM to 8:00 PM, seven days a week.

Additional resources:

- cdc.gov/coronavirus/2019-nCoV
- doe.nv.gov
- nvcovidfighter.org

Back to school. Back to basics, like good health. Have a great year.